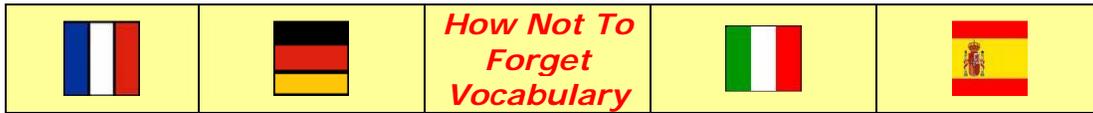


# HOW NOT TO FORGET VOCABULARY



5 Simple Steps They Don't Teach You In School To Make Those Easy To Forget Foreign Language Words Stick With Less Effort, In Less Time And For A Lot Longer! - Your Magic Answer To Making Language Learning Fast, Fun And Easy – So Ingenious Yet Simple Even A School Child Could Start Using It Today!

By Dr Aman Gupta MBChB MRCPsych PGDip



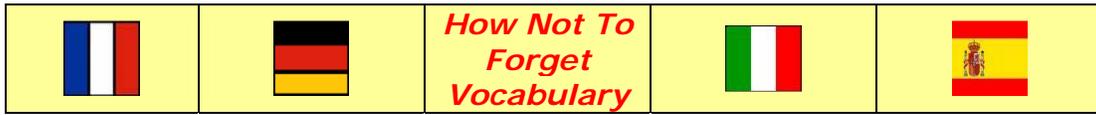
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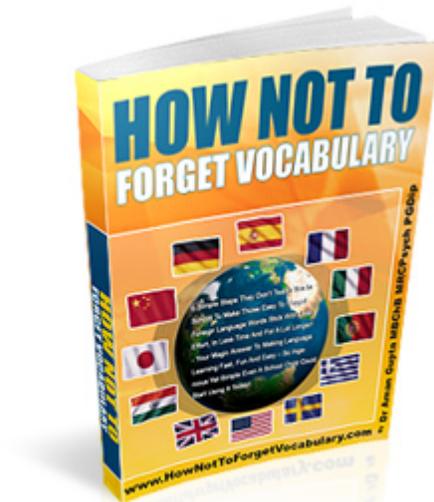


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# ***“How Not To Forget Vocabulary”***

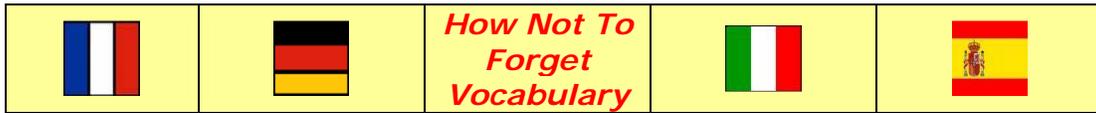
***Your Five Step Process Which You Weren't Taught In School To Make Those Easy To Forget Foreign Language Words Stick With Less Effort, In Less Time And For A Lot Longer!***



***By***

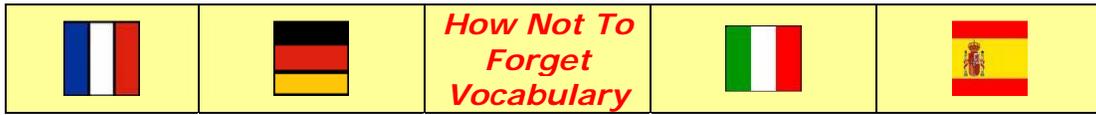
***Dr Aman Gupta MBChB MRCPsych PGDip***

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## INDEX

✓ <b>STEP ONE</b>	<i>"I Am Tired Of Not Being Able To Remember!!!"</i>	10
✓ <b>STEP TWO</b>	<i>"Introducing You To A Fantastic Method To Remember Vocabulary!"</i>	21
✓ <b>STEP THREE</b>	<i>"Let's Make It Even Easier For You!"</i>	40
✓ <b>STEP FOUR</b>	<i>"Let's Get To Grip With The Gender Of Words And Similar Sounding Words From Different Languages!"</i>	53
✓ <b>STEP FIVE</b>	<i>"Remembering For The Long-Term!"</i>	77



## **INTRODUCTION**

Welcome to 'How Not To Forget Vocabulary'. My name is Dr Aman Gupta and I am a medical doctor and qualified psychiatrist. In the coming pages you will discover a five-step process you can start to utilize this very day to rapidly acquire all the foreign language vocabulary you would ever need.

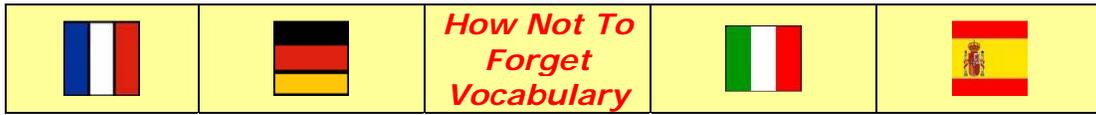
'How Not To Forget Vocabulary' is a workable five step program that is written for you - the person learning languages whether for exams, out of interest or as part of a course. This five step process will show you why you forget, will reveal what you can do about it and show you the vital elements your school left out in showing you how to remember those easy to forget foreign language words

'How Not To Forget Vocabulary' is your complete solution to help you quickly build knowledge of your chosen language in less time, with less effort and make language learning fun rather than frustrating

### **Words Are The Building Blocks Of Languages**

Words are the building blocks of languages. If you don't know the words you can't communicate effectively. Sure you can point at something in a shop but in general you will find "no words – no communication."

Words are also some of the most difficult things to remember and perhaps the most time-consuming aspect of learning any language is



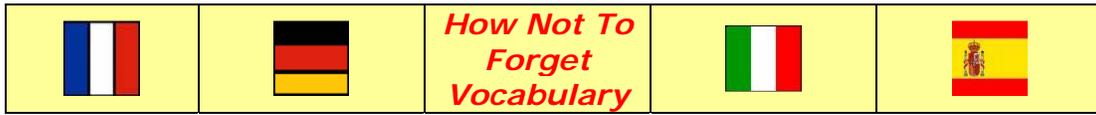
building vocabulary. In 'How Not To Forget Vocabulary' you will discover why this doesn't need to be the case for you anymore!

### **There Are Reasons Why You Forget Language Vocabulary!**

As a psychiatrist, I can tell you that there are reasons why some people seem to have better memories than others. There are also reasons why you forget what you do. There are reasons why you don't remember and what makes something more memorable for you. If you don't get to grip with these reasons the chances are your memory will remain poor and will continue to affect your ability to learn languages! Even worse, if you continue to do what you have always done, then the chances are your results will continue to be like they have always been. Language learning should be fun not frustrating! In step one you are going to discover reasons why you forget those words from the languages you are learning.

### **Why You Do Not Have A Poor Memory**

I sincerely believe that nearly everyone reading 'How Not To Forget Vocabulary' has a better memory than they believe. In my opinion, your memory for foreign language words is a lot better than you think. In fact, I would go as far as saying you are more than likely only using a very small proportion of the true intelligence that you have. There remains within you vast untapped potential. You will discover that the difference between remembering and not remembering is very much about techniques and methods you use to remember words.



## **What Your School Didn't Teach You And Your Mother Didn't Know**

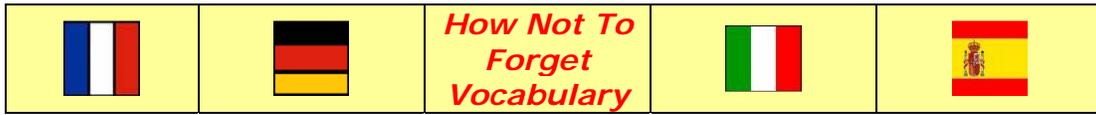
You will discover the critical element that your school forgot to teach you and which to this very day could be seriously affecting your language learning and ability to remember vocabulary.

In all likelihood, at school you have been just expected to get on with it. You have been put into a classroom and expected to learn fact after fact, subject after subject, topic after topic. Very rarely would you have ever been given any instruction in actually how to learn and how to remember. Is it any wonder that so many people perform poorly at languages? It's no surprise that so many become frustrated and give up because they keep on forgetting all those foreign language words time and time again!

Let's say it again - it's not about your memory but your technique! It's because you don't have the technique that you continue to forget vocabulary.

## **Confused Between Similar Sounding Words From Different Languages? Think Again**

If you have ever been confused between similar sounding words from different languages you will know how frustrating it can be. If you are learning two languages such as Italian and Spanish you will notice how the similarities can also lead you to mixing up words between the languages.



However, the truth is that it doesn't need to be this way. There are some very simple steps you will discover in 'How Not To Forget Vocabulary' that will help you automatically know which language is in question. You can say goodbye to confusion!

### **I Can't Remember The Genders Of Words!**

Perhaps one of the most confusing and troublesome aspects of learning a language is remembering the gender of words! This can be a complete nightmare for many. There are so many words to learn and each one with their own gender!

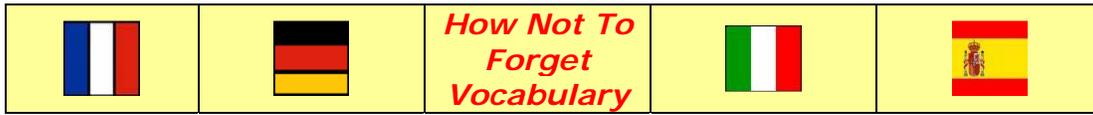
Worse still, genders are so important and vital to how the language works. If you get the gender wrong then the language sounds cumbersome and you only know how costly this can be in examinations.

In 'How Not To Forget Vocabulary' you are going to discover how easy it is to remember words along with their genders.

### **Can't Remember For The Long-Term?**

It can be very frustrating to spend hours and hours trying to learn vocabulary to only find that two weeks later your memory for what you learnt has disappeared! In an age when you don't have that much time inefficiency and easily forgetting is not an option!

In 'How Not To Forget Vocabulary' you will discover how it is possible to remember for the long-term and how automatically forgetting is not



the only option! You will be introduced to a process in step five that will show you how you can begin to remember for the long-term.

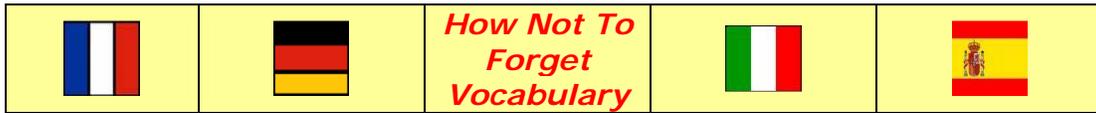
## Language Learning Should Be Easy And Fun!

Learning languages should be an easy and fun for you. It should be something that you will find straightforward rather than cumbersome and frustrating! 'How Not To Forget Vocabulary' will help you go a long way to realizing your goal of speaking another language or in some cases more than one language. You will discover:

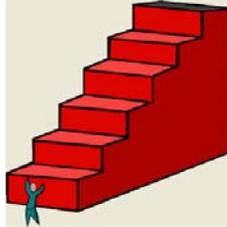
- ✓ Why you forget
- ✓ The techniques they didn't teach you in school
- ✓ How not to get confused between similar words from different languages
- ✓ How not to forget genders
- ✓ Making spelling easy
- ✓ How you can remember English vocabulary too

And more besides....

You will be able to remember vocabulary. You will be able to learn your chosen language. Language learning should be fun and easy. Let me show you how it can be...



## **STEP ONE**



**"I AM TIRED OF NOT BEING ABLE TO REMEMBER!!!"**



### **What you will learn in step one:**

- Your memory for languages is not full of holes as you may think
- It's not your fault you cannot remember words effectively – what your school didn't teach you and what your mother didn't know
- Why you remember and why you forget

THIS IS THE END OF THE FREE PREVIEW

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